

Sunrise

A monthly magazine for the Parish of the Resurrection, Alton



October 2021

A donation
will be appreciated



The Parish of the Resurrection, Alton

Vicar: Reverend Andrew Micklefield, 88794

St Lawrence Vicarage, Church St, Alton GU34 2BW

Sunday Services

Details of Sunday services for the month can be found on the Back Cover. You will find that there is a variety of services intended to meet the needs of people of many different ages and backgrounds. You are welcome to worship with us.

Family Worship

The church wants to make it as easy as possible for families with children to become part of the worship life of the church. To find out more contact one of the clergy.

Marriage and Baptism Enquiries

Enquiries should be made to the Parish Office by telephone 07865 292 401 or by calling at the Parish Office or email:

potr.alton@btinternet.com

Parish Centre Bookings

It is possible to book St Lawrence Parish Centre or All Saints Parish Hall for functions and other events. Bookings for all Church Buildings and Halls should be made to the Parish Office.

Parish Administrator

Philippa Penfold 07865 292 401

Ellie Elder

Secretary to PCC

Philippa Penfold

Treasurer

Colin Aikentreasurer@potr-alton.co.uk

Parish Office: Tel. 07865 292 401

Email: *potr.alton@btinternet.com*

Open Monday to Friday

9.30am-12.30am

Parish Web Site:

<http://www.potr-alton.co.uk>

Associate Vicar

Revd Gordon Randall 549567

gordon.randall@sky.com

Assistant Priests

Revd Lynn Power 07850 232995

Revd Rachel Sturt 07411 384496

Revd Martin East 549595

Anna Chaplain to Older People

Debbie Thrower 83234

Rachel Sturt 01252 710968

Churchwardens

Alan Armstrong 88971

Keith Arrowsmith-Oliver 542135

Tim Duddridge 542451

Angie Briggs 544138

John Vivian 07535 188475

Sarah Neish 565695

Deanery Synod Representatives

Derek Gurney Matthew Bayliss

Tori Hewitt Elspeth Gurney

PCC Special Interest Members

Sarah Neish (St.P)

Wendy Burnhams (All S)

Robin Kemp (SL)

Lisa Hillan (HR)

Parish Donations Coordinator

Tim Sturt 01252 710968

Pastoral Visiting

c/o The Ministry Team via the Office

Youth, Children & Family Worker

Martha Lloyd Martha@potr-alton.co.uk

**This month's cover picture is
Bacon Butties
At Holy Rood**

The Parish of the Resurrection lies within the Winchester Diocese of the Church of England & is in covenant partnership with Alton Methodist Church in the Greater Alton Project

First thoughts . . .

Gosh, we are moving into October already! The last few weeks have seen huge changes for Ruth, me and all our family especially our son, John and his wife Catherine. As many of you know we became Grandparents for the first time when little Ava arrived back on 23rd August. Having a grandchild reminds me how quickly life changes and life is changing all the time. In just few weeks Ava has changed so much! As for John and Catherine... life has changed completely!

When we moved to Parish of the Resurrection back in June 2019 it was a huge a change for Ruth and me. We'd previously lived in Basingstoke for 27 years and I had been in my previous role working for the Diocese of Winchester for nearly 19 years.

Just a month ago it was all change for another group of young people with schools, colleges and universities starting a new academic year. For some this would mean starting a new class with a new teacher or even a new school or for new university students living in a different part of the country. But then that's not a problem for youngsters is it? Change is easy when you are young. In fact it is part of life, changing friends, schools, where you live, what you do and so on. It is only as we get older that we get stuck in our ways and change is more of a challenge. That, however, leads me to question whether it is good to get stuck? Then from that I wonder surely change is good for us, isn't it?

Change it seems to me is part of life whether we are six or sixty, nine or ninety. We have our birthdays, another year gone. We are now in autumn as the seasons change and we are all managing with a new way of living in this pandemic. So, like it or not change is there and I want to suggest that change brings a freshness to life which can enhance life. It might only be in little things such as not always going the same way to a place you visit often or not always parking in the same spot. At home every so often I might move things around in my study. Small changes can help us cope with bigger ones which will come.

We all know that life is a journey, often in the Christian world we call it a pilgrimage. As a journey it involves change and as such surely it is better to embrace it rather than dread it. I read something somewhere (in a magazine) that spoke about change and suggested that we try to let excitement trump fear. It suggests we focus on the excitement of possibilities, of a better life, of being happier. The future can be exciting and that excitement can override your fear if you allow it to. For me the recognition that God is with me as I step forward into new things is both a comfort and an encouragement to take those steps and make those changes.

BUT... even though we are all fearfully and wonderfully made and created in God's image... change is sometimes difficult. When change comes along that we don't like how do you respond? Are you a stoic – you just dig deeper and keep a stiff upper lip; or do your emotions run wild and free; or do you plan meticulously for a way through? Perhaps you have suffered a bereavement,

lost a job, had a relationship breakdown or a family member has moved away. Change can be challenging as well as exciting.

Whether we find change easy or hard life does involve change so let's be positive about it in both the small things and the big and find that, especially with God's help, change can be good.

This reminds me of Psalm 121. It begins with 'I lift up my eyes to the hills - where will my help come from?' It's probably a question many of us ask, explicitly or implicitly, as life throws its varied and often-times challenging changing circumstances at us. And I guess we answer it in all kinds of ways. Some of us think there is no hope, or help; others look to friends, relationships; some look to their own ability to make things happen; some turn to damaging behaviours. The Psalmist answers the question in this way; 'My help comes from the Lord, who made heaven and earth.' The bible attests to the presence and aid of God, when we call. It doesn't suggest all problems disappear, but does commit to God being with us. It's a call to God that takes us beyond ourselves and acknowledges our need of Him. And the bible points to us finding our true identity in relationship with the one who is the God of the whole creation. The bible time and again doesn't give us a new philosophy about life but invites us, as the Psalmist, to turn to God in relationship. He hears us, he is with us, and he helps us. Often there may be times he will use other means as part of that response, but we can know his peace, even when we experience change and life is challenging.

So, if you are in a place where the question of 'where is help?' rings in your mind, why not turn your thoughts toward God, and 'Lord, if you're there, help me please.' And wait to see what He does.

*Love and prayers
Gordon*

Alpha - starting October 2021

We are pleased to say that we have another exciting series of Alpha Session starting at the beginning of October. A number of people have taken part in these over the last few years and have explored, deepened and grown their faith in Jesus. So if you want to explore the meaning of life then sign up. Maybe you have a member of your family or a friend who would like to join the sessions - why not invite them and come with them? Maybe you think you have been a Christian for a long time but just want a refresh - this is for you? Maybe you have been thinking about something like this for a while - do please sign up?

The sessions will be co-ordinated by Revd Bruce Nicole and Matthew Bayliss. For more information and to sign up please use this email address or contact the Parish Office - alpha.potr@gmail.com



Harvest in the Parish of the Resurrection

During October we are going to be celebration Harvest with our theme of ‘The Parables of the Kingdom’ from Matthew Chapter 13. There will be Harvest services in each church.

St Lawrence on Sunday 3rd October

St Peter’s on Sunday 3rd October

All Saints on Sunday 10th October

Church of the Holy Rood on Sunday 24th October.

On Sunday 31st October there will be an altogether service with all the churches of the Parish of the Resurrection and Bentworth, Lasham and Shalden. This will be held in St Lawrence Church. Afterwards, from 1pm we will gather at The Maltings for an end of Harvest Celebration Bring and Share meal to which everyone is warmly invited. We will produce more details nearer the time. But let’s all put the date in our diaries.

Andrew

Announcement

Rev Rachel Sturt will be leaving POTR on December 8th and also taking early retirement from her post as Anna Chaplain.



Proclaiming the Risen Jesus
Steadfast in faith
Active in service

Come and worship with us or find out about the Christian faith - we are a vibrant community of four churches in Alton, Holybourne and Beech

We are part of the Church of England, Diocese of Winchester and in covenant partnership with Alton Methodist Church.

Want to tackle a life-controlling habit ?

CAP (Christians Against Poverty) – www.capuk.org - is a national charity relieving poverty and bringing justice to over 20,000 people each year, best known for its Debt Help service.

Another service that CAP provides is a course called **Fresh Start**, which is about breaking free from life-controlling habits such as **smoking, gambling, over-eating, internet addiction, shopping compulsions, binge drinking, soft drugs, etc.** It's an 8-week course, inspired by the Bible and based on principles from the 12-steps-of-recovery process, backed by 1-to-1 coaching and a support group of others wanting to tackle their habits.

After previous local courses, a man tackling a porn addiction said "I'd like to thank you...for putting on the Fresh Start course and helping me achieve my goals...I am very grateful for the work you did with us." Another, tackling a gambling addiction, said: "I was gambling to excess and constantly worried and anxious over money. I am now happier and am getting my priorities right... I can never say THANK YOU enough times as I never thought I could beat this addiction". A woman now in recovery from alcohol addiction said "I wouldn't be where I am today, if I hadn't come on Fresh Start".

The next courses will start **on Wednesday 6th October 2021** - one at 10:30am and the other at 7:30pm, at Alton Maltings.

So if you, or anyone you know, needs a fresh start, register for the course by calling Mark Rumsby on 07769 030913 or email alton@capuk.org.

ALTONIAN CARE

Altonian Care is a family run home care agency. Our services are both affordable and of the highest quality, from a simple 30 minute visit to 24 hour live, or overnight care.



ALTONIAN CARE
ALTON COMMUNITY CENTRE
AMERY STREET
ALTON
HAMPSHIRE
GU34 1HN



01420 550161 | www.altonian.co.uk | admin@altonian.co.uk



Affordable
Quality
Furniture



Do find out more about our shop!

Come and see our shop and what's on offer. Items can be delivered or collected by arrangement. Check our website for details.

Do email or call in with current photographs of items you would like to pass on.

If you have a few hours to spare why not volunteer in the shop or on the van?

Please tell your friends about us

10am - 4pm | Tuesday - Saturday
24 High Street, Alton, GU34 1BN

☎ 01420 84809

✉ shop@resurrectionfurniture.co.uk

🌐 www.resurrectionfurniture.co.uk

📘 @resurrectionfurniturealton

ROBERT SMITH Blacksmith

The Forge
Gosport Road
Farringdon,
Alton
Hampshire
GU34 3DL



Hand Forged Ironwork of High Quality

*Gates, Railings, Fire baskets, Garden Furniture, Curtain rails & fittings,
Door hinges & latches, General Metalwork, Repairs & Alterations*

Telephone

01420 587233

Please ring Before calling

PRIVATE CARERS

We are a small group of mature carers who can provide care in the privacy of your own home.

**Assistance with personal care
Continenace care.**

Arranging appointments.

Meal preparation, shopping.

**Light housework, Daytime sitting
service.**

Overnight stays.

We are all insured & work independently but still work together as a team so we can provide cover for any holidays or sickness.

References available

Tel Carol 07753178468

Email c.may981@btinternet.com

Alton Clock Shop

Restorers of Antique and Modern Clocks,
Watches, etc . . .

Free Estimates, Advice & House Calls
9 Lenten Street, Alton

Tel/Fax 01420 88833

The Bible Reading Fellowship

A valuable resource and source of inspiration

We will be welcoming a representative from The Bible Reading Fellowship (BRF), to our united service at the end of this month, so this seems to be a good opportunity to explain a bit about the BRF and what it has done, and can do, for our Parish as we think about our future together.

It also gives me a chance to introduce myself as the BRF “champion” for the parish.

The BRF is a charity which offers local churches practical ways to further their mission and ministry within the community and we are already making use of some of its ministries.

The BRF is responsible for Messy Church. This aims to support work with families; to bring new families into church and breathe new life into congregations - it's definitely not just for children! Martha, our youth worker, makes use of Messy Church resources in her work with our young people and their families.

An exciting new programme called Messy Church Goes Wild is being launched this year which will provide useful resources for our development as an Eco church.

The BRF has resources which can be used to promote discussion and reflection on the issues raised by our theme for October - Harvest and Our Care for God's World - especially as we think about the Climate Change Conference (COP26) to be held in November.

We can all appreciate what a difficult task being a parent is. Parenting for Faith is a BRF course which equips parents to “raise God-connected children and teens”. This course could be of use as we grow the Parish in the ways outlined by the Futures Group..

We in GAP should be justly proud of being there at the start of the Anna Chaplaincy and of our continuing support for this work. Debbie Thrower is an Anna Chaplaincy pioneer and she has worked with and through the BRF to develop this ministry. The BRF produces resources to help the Chaplains in their work for the spiritual welfare of our older members. One such resource is a version of Messy Church for the more mature called Messy Vintage. Revd. Rachel Sturt, our Anna Chaplain, tells me that she has used this on some of her visits to residential homes. I did say Messy Church was not just for children!

Many of us will have used/are using the Bible Reading notes prepared by the BRF. There are notes to suit people at various stages of their Christian journey and these are part of the BRF's work on Living Faith. This offers support to “those looking to invest in their daily walk with God in the company of some of the best Christian writers and speakers, through Bible reading notes, resources, events and online content “ The BRF offers a wide range of resources for

individual and/or group use which could prove very helpful as the parish “grows disciples”.

As for my role as the champion? My main job is to provide a point of contact between the BRF and the parish. Jane Butcher of the BRF and I have regular meetings. She keeps me informed of any new developments which I can pass on to the relevant groups and I can ask her for help with any issues you have raised with me.

If you are searching for resources for your group or indeed for yourself, don't waste time “re-inventing the wheel”, when the BRF might have just the resources that you need. Contact me - Sue Burrows - susan.m.burrows@gmail.com or 01420544903.

Sue Burrows

Our Human Body

Is it not utterly astonishing ? A truly marvellous creation of flesh, blood, nerves, and bone to which is mated - a soul. You and me ! We each have our own fleshly clothing.

The other day I burnt two of my fingers and although holding them under cold running water, still expected to lose the areas of damaged skin. But no. It remained in place while the new skin quickly grew underneath after which the damaged skin peeled off. Unexpected and utterly amazing.

It bothers me to see on a daily basis many young and older persons obviously struggling with their hugely over weight condition. Obesity as we know is now officially recognised as an unhealthy condition but I suspect also a cause of much unhappiness for those afflicted by it.

Perhaps we should be praying about this if we aren't already doing so, in addition to being slow to anger and being kind to each other, as we have recently been exhorted to do by Andrew ? I have certainly started to do so.

And in any case, for those of us who belong to the Lord the Bible tells us that our body is actually a temple of the Holy Spirit, which as far as I am concerned makes caring for it of prime importance, even though mine is 78 years old and ageing a bit faster than I wish it to.

William Blake - All Saints.

55th season for Alton Organ Society

Reaching a milestone of any kind gives cause for great celebration. And that is why the Alton Organ Society is excited to announce that it is entering its 55th season! Eight monthly concerts are arranged from October through to May each year, fulfilling the aim of the charity to bring music to everyone, whether or not they have experienced organ music before.

Like many other organisations and charities, last year required some juggling to live beside the pandemic, missing only two out of their eight concerts. Invited guest organist, Andrew Millington, formerly Organist and Director of Music at Exeter Cathedral, closed the 54th season and as Tony Willman said “we witnessed a truly professional and absorbing organ concert. Andrew Millington gave a wonderful display of technical ability, artistic interpretation and sheer joy at his love of organ music.”

The Alton Organ Society was established by the late Cyril Diplock in 1967 and since then a long list of well known organists, such as David Sanger, Dame Gillian Weir DBE, Dr Francis Jackson CBE - all at the top of their field - have shown their staunch support over the years. In an article David Hill MBE wrote for the Society’s 50th anniversary brochure, he said “I never cease to be amazed at the dedication of the Society in promoting evening events, showcasing major repertoire and inviting world class organists.” Advertised locally and countrywide, the audiences appreciate the warm welcome and friendly atmosphere which has become synonymous with the Society.

The organ was built in the nineteenth century by Henry Speechly at a cost of £860, and it is fair to say that its quality craftsmanship has drawn many organists throughout the years. Over 400 organ concerts have been given on this instrument by recitalists of the highest international acclaim.

Organists are multitaskers in that they read and interpret the music, set up stops to suit the music settings, lock those settings into memory pistons which are pressed during the playing of the music, play the keys on the manuals and use their feet (probably with special shoes) to play the pedals. It is the pedal stops that give the organ those deep bass note sounds. Some pedal pipes can be up to 32-64 feet long giving very deep and vibrating sounds.

As autumn approaches and the evenings draw in, the Society looks forward to opening its doors to welcome a new season of concerts. In October, Peter King has a varied programme with music dating back to the late 1600’s right up to the present day. On the night of the concert, the organist will share anecdotes about

composers or pieces of music which provide context together with video screens offering an all-round visual experience.

Here is the 55th seasonal line up:

- ❖ 5 October 2021: Peter King (Organist Emeritus, Bath Abbey)
- ❖ 2 November 2021: Ilaria Centorrino (Winner of the Dame Gillian Weir Medal, Northern Ireland International Organ Competition (NIIOC))
- ❖ 7 December 2021: Anthony Froggatt (formerly Organist Portsmouth Cathedral)
- ❖ 4 January 2022: Peter Gould (formerly Derby Cathedral)
- ❖ 1 February 2022: Luke Bond (from St George's Chapel, Windsor)
- ❖ 1 March 2022: Martin Baker (Concert Organist & former Master of Music, Westminster Cathedral)
- ❖ 5 April 2022: Charles Harrison (from Chichester Cathedral)
- ❖ 3 May 2022: Francesca Massey (from Rochester Cathedral)

Everyone is welcome to the concerts, so if you are new to the area why not go along? Tickets are £10 per concert which includes a programme. Seasonal membership is available for £60.

More information can be found on the Society's website:

www.altonorgansociety.co.uk

Sue Hawkins



Ride and Stride 2021

Ah, the smell of 'Deep Heat' and sweaty Licra! It must be that time of the year again when the annual Ride and Stride event takes place. Cancelled last year due to the pandemic it was full steam ahead this year. Having mustered a team of riders and striders from the Parish, we all set off on different routes on what turned out to be a lovely warm autumnal day. Delivering



refreshments to St. Lawrence Church before I started, I met the intrepid trio of John and Sue Hubbard and Robin Kemp who were all eager to get going. I had agreed this year to walk, with Dave Wyatt, from Farringdon to Hollybourne via Chawton and Beech. All Saints Church in Farringdon is a classic example of why the sponsorship money raised from Ride and Stride is so important as the church there had just had major repair work carried out to its roof.

What a lovely start to the day as we manfully strode along the route from Farringdon to Chawton, a route that Jane Austin herself would have been familiar with. Beneath the magnificent copper beech trees we passed through the wonderful Hampshire countryside. We were due to meet Christopher Lawrence at Chawton but unfortunately, due to communication problems we missed the rendezvous so we pressed on to Beech instead, passing through the peace and tranquility of Ackender Woods before arriving at St. Peter's, where Sarah Neish had kindly left refreshments for those taking part. Setting off for Alton shortly afterwards we visited All Saints, where a team of ladies led by Angie Briggs provided us with more refreshments. From All Saints we quickly visited the other five churches in the town before arriving at St. Lawrence where we were provided with even more cakes, biscuits and drinks by another wonderful group of ladies. Sufficiently nourished and bidding Dave farewell I set off on the last leg of my walk to Hollybourne. After five and a half hours I finally reached Holy Rood Church where I encountered Ellie Elder and her family who had cycled there together, and Keith Arrowsmith-Oliver, who, - you guessed it, offered us even more refreshments, provided by Ruth Randall and her team of helpers who earlier in the day had also provided bacon butties for lunch.

I would like to take this opportunity to thank all those who took part in manning the churches or riding and striding, including Paul and Sarah Ebbutt and family. I would also like to thank all those who sponsored us. I believe that when all the sponsorship money has been collected we should have raised over £600.

Tim Codling

Pastoral Care Team – update

In a previous edition of Sunrise we mentioned that a small group of people have been meeting together to plan how to get a pastoral care team up and running again. We have continued to meet since that time and are making progress! Thank you so much for your prayers, support and encouragement.

As mentioned before, the idea is that we will focus on supporting people as best we can whether they be young, old or somewhere in the middle, and this may involve pastoral visiting, practical help, training courses and so on.

Our core team consists of Sarah Neish, Julia Poole, Elizabeth Dain and Wendy Burnhams along with the two of us, and we are delighted that Wendy has agreed to head up our team as we go forward. We are especially grateful to Peta Sutherland who has headed up the team in the past and who has been a great help to us as we move forward. We have a good number of people who have agreed to be pastoral care supporters; too many to mention here but 'thank you' to everyone concerned. If this is something you would be interested in getting involved with, please do get in touch.

We have arranged a Listening Skills course which will take place during the morning of Monday 18 October at Holy Rood. The materials that will be used on the course have been produced by the Acorn Christian Foundation and are widely used in churches and within the NHS. They teach a particular way of listening, chosen because it is safe, easy to learn and non-directive. It allows the speaker to set the agenda, not the listener. It's called 'Christian Listening' because it is offered by Christians, made in the image of the God who listens.

If you would be interested in attending the course please can you book your place by contacting the parish office at potr.alton@btinternet.com Numbers are limited, but if there is enough interest then we will make arrangements to re-run the course on another day.

Please continue to pray for this initiative; we really appreciate your support.

Gordon and Ruth Randall

An interview with...

A man who is a regular at St Lawrence Church and whose favourite Bible verse is Isaiah 43:2 which reads:

‘When you pass through the waters,
I will be with you;
and when you pass through the rivers,
they will not sweep over you.
When you walk through the fire,
you will not be burned;
the flames will not set you ablaze.’



This month we are focussing on Dennis Milns.

Dennis grew up in a Christian home and gave his life to Jesus at the tender age of 11 when a visiting missionary came to talk to the ‘Young Warriors’ at the Baptist Church he attended. He told his leaders ‘I have decided to follow Jesus’ and says that although he may have ‘wandered at times he has never looked back’. Dennis studied aeronautical engineering at university and became an apprentice in Southampton. At that time, he prayed for ‘somebody special’ and two weeks later he recounts how he looked over the balcony at the church to see ‘a blond’... This, of course, was Helen who Dennis subsequently married in 1962. He recalls how he blew his rent money on a ring and says that ‘God had it all planned’.

Dennis and Helen were blessed with two children, Iain and Ginny, and Helen, who had become a Christian before they married, was baptised with the children. As many of you will know, sadly Helen passed away earlier this year. Again, Dennis maintains that Ginny’s training as a carer 22 years ago and then student nursing was all part of God’s plan as when Helen was diagnosed with a terminal illness Ginny was able to become her mum’s live in carer when she was given fully paid leave from her job in Yateley from Helen’s diagnosis until cremation.

When the couple had a sense that they needed to move on from their previous church back in 2014 Dennis attended various churches in the town before attending a service at St Lawrence on Palm Sunday when he says he immediately felt ‘at home’. He returned on Easter Sunday and given his background (by Helen), was asked by the church wardens individually if he would consider overseeing installing a projection system (which he did). Again, Dennis felt God had His hand on his life and has been attending the church ever since. He is proud to be part of the small team of altar servers.

A man who says his hobby is ‘church’, Dennis’s favourite hymns are ‘Amazing Grace’ and ‘How great thou art’. He has a deep-rooted faith which has helped him greatly especially during the time of Helen’s diagnosis, illness and subsequent passing, and he holds dearly onto that faith as he adjusts to life

without Helen.

Dennis has many stories of how God has had His hand on his life and he speaks eloquently about the peace that both he and Helen have felt. Why not have a chat with him sometime?

(If you would like to be the subject of a future 'interview', or have a suggestion of someone, please message me at ruthmaryrandall@gmail.com)

Ruth Randall



ECO CHURCH
PARISH OF THE RESURRECTION PROJECT



Craft Swap

Saturday 30 October - 2-4pm

(sessions between 2 and 3pm, and 3 and 4pm)

St Lawrence Hall (Parish Centre),
Vicarage Hill, Alton, GU34 2BW

Bring your arts and crafts 'leftover supplies' and
take what you need... free and open to all!



*Wool, haberdashery, papercraft,
paints, craft books, fabric, rubber
stamps, beads, jewellery, stickers,
craft storage and more!*

Donations can be left in the marked boxes at St Lawrence and All Saints churches in Alton, St Peter's Church at Beech and the Church of the Holy Road, Holybourne, during September and October.

Parish of the Resurrection, Alton

W: www.potr-alton.co.uk T: 07865 292401 E: potr.alton@btinternet.com

What's On . . .

POTR St Lawrence Monthly Market **Saturday 2nd October 9.30 to 12.30**

In the Parish Centre

Books, Puzzles, Tombola, Produce, Cakes

(The monthly Market held on September raised £475.37)

Ladies Meet and Eat

Monday 4 October 7.00pm

We have Alistair and Sandra Smith from MAF - Mission Aviation Fellowship coming to give a talk to us at Holybourne Church from 7pm. We will be serving a selection of puddings and hot drinks.

Contact Lyn Baines on 01420 898590 or email: lynda.baines@btinternet.com

Alton Walking Church for Men

Friday 10 September 6.00pm

The Rose and Crown, Farringdon

A gentle 90 minute walk with time to pause and reflect. Refreshments after

Contact Robin Kemp on 07957 653 403

Alton Organ Society Concert

At St Lawrence 8.00pm

5th October Admission is £10

Peter King (Organist Emeritus, Bath Abbey)



Men's Breakfast

Saturday 30th October

White Hart, Holybourne

We will be meeting again at the White Hart public house, Holybourne, at 8.30am on **Saturday 30th October** for our usual delicious 'full English' breakfast, all for just £9. Come and enjoy some lively banter and listen to our excellent speaker. If you have not attended the breakfast for a while we would love to see you again. Please reply to Tim Codling by email: tim.codling@hotmail.co.uk or telephone him on 01420 80388 by **Wednesday 27th October**.



Library Club

The long awaited re opening of the Library Club for seniors is on *MONDAY 4 October at Alton Library 2.00 p.m. - 4.00 p.m.

Come along and enjoy good company, shared readings, a cup of tea and biscuits, and an opportunity to change your library books if you wish, in a relaxed and happy atmosphere. The quiz is optional!

We also have occasional visits from local schools, the nursery school, and interesting speakers, so there's plenty going on for you to enjoy.

If you need a lift contact Peta 01420 84149

*Please note the change of day from the previous first Wednesday of every month.

GAP Ladies Lunch

The next **GAP Ladies Lunch** will take place on **Wednesday, 27 October** at 12 for 12.30pm. We are visiting various different places to find a more permanent venue for our monthly lunches so please check with Sunday's Parish Matters nearer the time for details. However, please make a note in your diary for the **last Wednesday** of each month (except December) so you don't miss out. This is an excellent opportunity to meet people from different churches and get to know each other better.



Musings on everyday life

If you can smile when things go wrong, you probably have someone in mind to blame.

The easiest way to find something lost around the house is to buy a replacement.

When dog food is new and improved tasting, who tests it?

Something Scrumptious

ARTISAN SOFT FURNISHINGS

**Just moved house?
Are you decoating?**

Get a fresh look for any room with new curtains, blinds, reupholstered sofa's, loose covers and other soft furnishings. Call us to arrange a free, no obligation estimate and advice.

All budgets catered for
Covid 19 secure procedure in place

Tel: 077941 432670
or email:

Joanne.taylor@somethingscrumptious.co.uk

Compleet Feet



Compleet Feet the Southeast's leading Podiatry Clinic in revolutionary laser treatment for fungal toenails and verrucae. Specialist in other laser anaesthetic procedures.

We provide a complete top to toe service at our clinical but elegant premises. As well as delivering the standard podiatry and chiropody services, we offer:

- Fast and effective laser treatments for fungal nails, verrucae and warts.
- Safe and permanent hair, small vein and armpit removal with a medical grade Nd:YAG laser.
- Collagen induction skin rejuvenation by dermafraction.
- Dermasonic chemical skin peels and Euflexion facials.
- The CACI micro-current non-surgical face-lift.



Compleet
Aesthetics

3 Normandy Street Alton GU34 1DD
01422 956644

www.compleetfeet.co.uk

www.compleetfaesthetics.co.uk



*Kindness, care, choice
and community*

Brendoncare Alton

Nursing, dementia and respite care with kindness and compassion. We are accepting enquiries and happy to welcome new residents.

For a virtual tour or to find our more, please contact the team.

Phone **01420 549797** or email
alton@brendoncare.org.uk

Brendoncare Alton | Adams Way, Alton, GU34 2UJ
www.brendoncare.org.uk

Registered charity no. 326508


BrendonCare
Alton



Alton All Saints Hard of Hearing Group



At the time of writing (17th September) everything is set for the Annual Harvest Festival to be held in All Saints church and led by Rev Rachel on the 21st September. May we thank you in advance for your Food Bank donations. The Welcome Back Tea Party afternoon planned for Tuesday 28th September will also have taken place where members and new friends will be introduced to Annette Blackman, and her team of volunteers, who have come forward to ensure that this flourishing group will continue for another twenty years. Annette will work together with Kate until the end of the year when Annette will take over as Co-ordinator when Kate will retire. The October meeting is on **26th October** at 2pm in All Saints Church hall with Kin Boog from the Owl Sanctuary coming as speaker. There will be the usual Raffle and an update on hearing related matters. We hope that we shall be able to meet with some new members; you will all be sure of a warm welcome!

Knitters Anonymous

Knitters Anonymous

I shall continue to lead our Knitters Anonymous group which will recommence on **Tuesday 19th October**, from 2pm in All Saints hall and then on the third Tuesday of every month (excluding December). It is a good opportunity for knitters to meet and have a chat, while catching up on the latest news from the various charities supported by the group. There will also be a collection of donated knits for the October shipment to the refugees via AltonAid. I shall also be inviting the 'anonymous' knitters who have revealed themselves during the lockdowns. If you are unable to make it, please continue to leave your donations on the back pew inside All Saints church. The pattern books have been revised should you wish to take any new patterns, but please remember if you have a favourite pattern of your own it is quite acceptable. Everything will find a home! If anyone out there has unwanted wool hidden away at home we can also find a use for that. Thank you also for the 'bits 'n bobs' which have been left for the fiddlemuff decorating. Thank you to everyone for your continued support. For further info contact me, Kate on 83514



Handmade - with love

News from Holy Rood Church, Holybourne

Hello friends!

We've had lots to celebrate at Holy Rood this past month or so. Firstly, baby Ellis arrived, a son for Liberty and Oliver, who married at Holy Rood last year. Ellis is absolutely gorgeous and has already 'signed' his name in the church visitor's book!



Jean and Tony Marchant celebrated their Diamond Wedding Anniversary, and, new to the village and to Holy Rood, Vanessa and Andrew celebrated their Ruby Wedding Anniversary.

It was great to see so many people in our garden for a bacon buttie or two on 11 September. Thankfully the weather was kind. The conversation flowed, along with the coffee, and several people taking part in the 'Ride and Stride' event popped in for sustenance. A special mention goes to Elaine Brown who won the 'September Quiz', along with Anthea, Corinne and Rosemary who helped with the catering. Thank you all very much. Thank you also to those people who insisted on making a donation, even though it wasn't necessary. We decided to give the money to Smile Charity Uganda, a charity 'close to our hearts' as our daughter, Lorna, spent nine months volunteering with them a few years ago. See www.smilecharityuganda.org



We are very grateful to Ian, from the local Men's Shed, who fixed the boiler room door for us and also to Tom, a local craftsman, who repaired the rear gate and wall with such care. It was wonderful to watch both men use their talents for the benefit of the 'fabric' of the church. And, of course, Arthur continues to care for our churchyard which is enjoyed by many a visitor.



Don't forget to come and join us for coffee one Tuesday morning. There's always cake and good company. We have a short time of prayer from 11.45am.

With best wishes from everyone at Holy Rood, Ruth Randall
(ruthmaryrandall@gmail.com / 01420 549567)

A fresh approach to legal services.

We hope you like it. Whatever legal assistance you require we will advise and guide you with a practical and supportive service.

FREE initial
appointment
on most legal matters.



Conveyancing
Commercial matters
Wills
Probate
Powers of attorney
Divorce and family matters
Employment
Contractual disputes



Call our friendly team on 01420 544 273 or email jacqui@jcsolicitors.com



Conveyancing
Quality



11 High Street, Alton
Hampshire GU34 1AW
www.jcsolicitors.com



JCSolicitors



KEMP & STEVENS

THORNE FAMILY

INDEPENDENT FUNERAL DIRECTORS

93 High Street, Alton, Hampshire, GU34 1LG

01420 83177 (24 hours)

Robin Thorne Dip FD LMBIFD

Gill Thorne Dip FD LMBIFD

Michael Thorne Dip FD LMBIFD

Geoff Thorne MBIE Dip FD LMBIFD



One of Alton's oldest independent family run businesses serving the local and surrounding community for generations.

Defender of the Faith

It was 500 years ago, on 11th October 1521, that Pope Leo X granted the title 'Defender of the Faith' to King Henry VIII of England and Ireland. It recognised the King's defence of the sacrament of marriage, the supremacy of the Pope, and his opposition to the Protestant Reformation and the ideas of Martin Luther. The title has been inherited by all British monarchs since then.

Ironically, it was only 17 years later that Henry was excommunicated by another Pope, Paul III, because of his divorce from Catherine of Aragon. Even more ironically, this came after Henry had his next queen, Anne Boleyn, executed. His infatuation with Anne had been the reason he decided excommunication was a price worth paying, in the hope that she would provide him with an heir.

Anne was a keen supporter of Martin Luther, and her influence – and the excommunication – led to the independence of Britain from the Roman Catholic Church, and therefore to the Reformation.

Anne was the mother of Queen Elizabeth I, the strongly Protestant and long-lived sovereign who was in fact the successor that Henry VIII had longed for. It just never occurred to him that it could be a woman.



AWARD WINNING LOCAL TOILET HIRE

Luxury Trailer Toilets
Single Portable Toilets
Showers
Disabled Units
Urinals
Long Term Rental

01420 588 355
hello@loos.co.uk
www.loos.co.uk

PLEASE QUOTE "SUNRISE" WHEN GETTING IN TOUCH

**LINDFORD GARDEN
MAINTENANCE**

No Job too small

Home: 01420 769547
Mob: 07785 588840

Email:
lindfordgardenmaintenance
@gmail.com

***Please mention the Parish
Magazine when contacting any
of our Advertisers.***

Thank you

Tuesday Coffee Mornings.

Our ecumenical coffee morning is back in business at Alton Methodist Church, welcoming customers old and new and going strong in its 15th year.

Representatives from both AMC and the Parish of the Resurrection take their turn behind the coffee pots, as they have done from the beginning. Prices remain at 50p and all profits are donated to local charities. Come and join us on Tuesdays, to enjoy delicious coffee and good company.



Judy Nicholls.





HARVEST FEAST

Saturday 9th October 10.30 - 1.30

Alton Methodist Church Hall



*Coffee and cakes from 10:30 am
and home-made vegetable soups from 12 noon.*

**Enjoy delicious home-made local food,
garden tips and chat.**

To find out more about ALFI visit our website

www.AltonLocalFood.org.uk

Sponsored Walk for Dementia

May Trevor and I thank you all for your pledges to us for the Sponsored Walk for Dementia held recently around the Alton Public Gardens. Thanks to your generosity we were able to hand £200 in to Dementia-Friendly Alton.



Forget me Not Service and Afternoon Tea



The Forget me Not Service, led by Rev Rachel Sturt, Anna Chaplain, and the Afternoon Tea Party organised by Karen Murrell attracted many friends and carers. The service, sensitively led, held in All Saints church included a time for names to be read out while those present could remember those whose lives had been affected by dementia, hymns that could at last be sung behind the masks worn by the congregation, and beautiful organ music played by Yoko Hitches. On leaving the church the congregation were each given a forget-me-not book mark made by Becky Shaylor, an Anna Friend.

The afternoon continued in the church hall where other friends joined in the tea party, with a cream tea served by volunteers. Paul Tickner provided the entertainment encouraging those present to join in with the singing (with gusto!!) There was also a successful Tombola and Raffle.

Thank you to Rev Rachel and Karen for ensuring that this is becoming an annual event. The next event in the Dementia-Friendly Alton Diary is a Sponsored walk around the Alton Public Gardens on Saturday 4th September. It is not too late to pick up your sponsor forms from the Alton Community Centre or Specsavers if you wish to support or donate to this very worthwhile local charity!



ECO Church



Blessed are you, creator of all, to you be praise and glory for ever.

As your dawn renews the face of the earth, bringing light & life to your creation, may we rejoice in this day you have made.

By the time the next edition of Sunrise is published, CoP26, the United Nations Climate Change Conference will have begun. CoP26 is being held in Glasgow from 1st to 12th November at a time when the world has its last, best, chance to get runaway climate change under control and to preserve & improve our beautiful planet, created by a loving God, for the benefit of all creation.

It is imperative that the leaders of countries belonging to the United Nations not only make commitments to secure global net zero carbon emissions by 2050 and to adapt to protect communities and natural habitats but to enforce a system that calls the nations to account for their action or inaction.

Eco Church is joining with ACAN (Alton Climate Action Network) in the run up to CoP26 to publicise the importance of the conference. A 2-day Vigil is to be held in the Market Square from 9am to 9pm on both Saturday 30th & Sunday 31st October and Eco Church will be leading times of prayer and worship songs throughout the 2 days.

In addition, there will be a livestream of a Tearfund service on 7th November, the service being led by, among others, Pete Greig. There will be further detail on the website & in Parish Matters.

We may all feel that what we can do to influence political & business leaders and the changes we can make in our lives to help reverse climate change, is so limited it is not worth trying. However, we as Christians profess to have a true faith and a hope and our actions, however small, coupled with prayer will make a difference. As we have learned in our recent sermon series on the Book of James, true faith is proved real because it results in good works (James 2:19). So, take that step to reduce single plastic use, walk instead of taking the car on a short journey, email our local and district councillors on an issue that concerns you about the environment or lobby our local MP.

And most importantly, pray, for God's forgiveness of humanity's abuse of creation and for a renewed purpose in caring for the whole of this world.

Lord of life and giver of hope, we pledge ourselves to care for creation, to reduce our waste, to live sustainably, and to value the rich diversity of life.

May your wisdom guide us, that life in all its forms may flourish, and may be faithful in voicing creation's praise.

May the commitment we have made this day be matched by our faithful living.

Amen. Amen. Amen!

Elspeth Mackeggie Gurney – Eco Church Team

Good reasons to have a church magazine

After a year of lockdown, should we still bother with church magazines now that church life is picking up again? *Yes!*

It is read by lots of people. If each issue is read on average by two people, then more people see it than ever go to church. So, it is a very good way of putting Christian values and ideas into people's hands, whether they come to church or not.

It is a service to the community. Communities need local networks to thrive. Magazines are a great way of binding the people who live in one place together. Just delivering the church magazine is a way to get to know the area and the people.

It helps build bridges with other Christian churches in the area. We can share some details of their meetings and events.

It can make money. Well, enough to cover the costs of production! Let's aim for a revenue balanced on paid subscriptions and advertising.

It is seen by those outside the church family. Think of the people just moving into our area, or those who live here already and want to get married or to baptise their child. Our magazine can help them see the sort of community we are, and that we would welcome them to join us.

It is read by people who do not go to church, but who know someone who does. This is a major way of how groups, including churches, grow. Not many people walk into a church off their own bat. Most people are invited, or already have a connection.

It supports local businesses. Local businesses who advertise locally, can thrive.

It helps people develop skills. The editorial team will learn about design, marketing, GDPR, editing, copyright, writing, selling, artwork – and apologising.

It can help inform our community about itself – especially if we include a local history or local natural history section!

So, don't believe it if someone tells you that print is dead. It is not. Many people still prefer to read something they can hold in their hands. The future is not EITHER print OR digital, but BOTH AND. People will flick through a magazine that arrives through the door, even though they may never dream of visiting their local church's website.

And gives me one more thing to do every month !! - Editor

HOME COMPUTER SUPPORT & TUITION - " My PC Home Help ! "

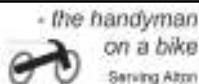


Whether a Home or Small Business user. I can Help with your PC Problems

- PC Health Checks, Maintenance & Upgrades
 - Wired & Wireless Networks, Broadband Setup
 - Supply & Setup of new PCs, One To One Home Tuition
- for further details visit: www.myPCHomehelp.co.uk

Contact Richard Siers on (01420) 22844

The
Helpful
GREG



07597 587344
www.TheHelpfulGreg.co.uk

*To advertise in this Magazine,
please contact the
Advertising Editor*
(Read by over 450 households
in and around Alton)

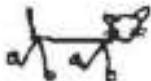
FRESH AYRES LANDSCAPES



Complete Landscaping And Garden Maintenance

- Paving • Patios • Fencing • Decking
- Lawns • Turfing • Hedges
- Borders • Pruning • Planting
- Tree Surgery •

*For Friendly Advice and a Free
Estimate Call Mark or Adam on*
01420 82254 or 07980 665360
www.freshayreslandscapes.co.uk



Amery Veterinary Group

ALTON, BORDON, GRAYSHOTT



Offering compassionate care from friendly and highly qualified staff

www.ameryvets.co.uk

- Full Diagnostic and Surgical Facilities
- Pet Passports
- Microchipping
- Weight watchers' clinic
- Free on-site car parking
- **10% off your first consultation**



Alton
Amery Hill
01420 82384

Bordon
Chalet Hill
01420 472904

Grayshott
Crossways Road
01428 604442

CHARLES READ

& DAUGHTER

INDEPENDENT FUNERAL DIRECTORS & MEMORIAL MASONS



24 HOUR PROFESSIONAL
& PERSONAL SERVICE

PRIVATE CHAPELS OF REST

PRE PAID & PRE ARRANGED FUNERALS

01420 83551

www.charlesreaddaughter.uk

15-17 Turk Street, Alton, Hampshire GU34 1AG

FM

Member of the



fs first
senior
GROUP

Out & About

Your Local Mobility & Independent Living Specialists



Riser Recliner Chairs
Rollators
Stairlifts
Powerchairs
Beds
Scooters and more...



AIDS TO
MAKE LIFE
EASIER

Free Home Assessments
Call: 01420 549481

www.outandabout-uk.com

25 Southview Rise Alton GU34 2AB

And Finally . . .



*After his induction, Harry met the
leaders of the other denominations*

Sunrise
The Parish of the Resurrection, Alton

**The November Copy Deadline is Noon
Sunday 24 October - Please no late articles**

Articles can be emailed to the editor **sunrise.alton@gmail.com**
left in Parish Office or taken to 31 Shipley Close.

Editor	Peter Hicks	80092	
Advertising	Louis Nyman	07901 617046	(louis.nyman@outlook.com)
Printing	TreloarPrint	547424	
Distribution	Vacancy		

Donations towards printing costs will be much appreciated -- Thank you

St Lawrence Organisations

Community Market

Clive Muller 86064

Traidcraft

Jo McGregor 87680

Children's Society

Carol Williams 588565

All Saints Organisations

Hard of Hearing Group

Kate Dando 83514

Children's Society

Judy Brown 82289

St Lawrence (CE) Primary School

Headteacher

Mrs. Dawn Casson 84400

Chair of Governors

Paul Susans 84400

Andrews' Endowed CE Primary School

Headteacher

Mrs Maria Lloyd 83094

Chair of Governors

Shirley Nellthorpe 83094

Other Organisations

Busy Bees @ St Lawrence (Pre-school)

Alison 549831

Rainbows, Brownies & Guides

Catherine Morgan cathmorg@outlook.com

Organ Society

Tony Willman 543628

Girls' Brigade (at Alton Methodist)

Kym Burgess 01252 334814

Boys' Brigade (at Alton Methodist)

Pete Burgess 01252 334814

DofE

David Allan 84739

St Lawrence Church

Director of Music

Tony Willman 543628

Organist

Will Nisbet

Head Server

Clive Muller 86064

Captain of the Bell Tower

Matthew Watts 543886

Teddy Bears

Sarah Broadbent 85247

The Lighthouse

Fiona Micklefield 88794

All Saints Church

Organist & Choir Leader

Ken Jackson

Bellringing

Matthew Watts 543886

St Peter's Church Beech

Organist

Gloria Wills 84056

Flowers

Sheila Sorby 88924

Sacristan

Sarah Neish 565696

Church of the Holy Rood

Organist & Musical Director

Andrew Hinde 84056

Bellringing

Rob Law 544865

Flowers

Ruth Randall 549567

Sacristan

Vacant

October Services for POTR & BLS

3rd October

HARVEST THEME Matthew 13: 1-23 - The Four Soils

8am	BCP Holy Communion	St Lawrence
9.15am	Holy Communion	St Peter's
		Harvest Service
9.30am	Morning Worship	Holy Rood
10.30am	Morning Worship	St Lawrence
		Harvest Service
10.30am	Holy Communion	All Saints
		Harvest Service
10am	Church@4	St Lawrence
10am	Holy Communion	Bentworth
10am	Holy Communion	Lasham

10th October

HARVEST THEME Matthew 13: 24-30, 36-42 - The Weeds

9.15am	Morning Worship	St Peter's
9.30am	Holy Communion	Holy Rood
10.30am	Holy Communion	St Lawrence
10.30am	Morning Worship	All Saints
	Church@4	Holy Rood
6pm	Evening Worship	St Lawrence
10am	Holy Communion	Bentworth
10am	Holy Communion	Shalden

Every Wednesday:

9.30am	Said Holy Communion	All Saints
--------	---------------------	------------

17th October

HARVEST THEME Matthew 13: 31-35 - Mustard Seed & The Yeast

8am	BCP Holy Communion	St Lawrence
9.15am	Holy Communion	St Peter's
9.30am	Morning Worship	Holy Rood
10.30am	Morning Worship	St Lawrence
10.30am	Holy Communion	All Saints
	Church@4	St Lawrence
10am	Holy Communion	Shalden
10am	Holy Communion	Lasham

24th October

HARVEST THEME Matthew 13: 44-46 - The Hidden Treasure & The Pearl

9.15am	Morning Worship	St Peter's
9.30am	Holy Communion	Holy Rood
		Harvest Service
10.30am	Holy Communion	St Lawrence
10.30am	Morning Worship	All Saints
	Church@4	Holy Rood
6pm	Evening Worship	St Lawrence
6pm	Communion for BLS Benefice	
	@ Lasham - Bible Sunday	Lasham

31st October

HARVEST THEME Matthew 13: 47-52 - The Fishing Net

8am	BCP Holy Communion	St Lawrence
10.30am	POTR & BLS Together Communion	
		St Lawrence